LOSING YOUR GRIP

(By Dorothy Dix.)

To be four years ago I was postanted in a happy, optimistic nature." erries L. A. H. "I was living with my parents in a fine home, being greatly indulged, care free and with no responsibilities." Comes to New York, or any great city, he has two hattles to fight. One is for place in this maelstrom of city life. The other is to which I had been easled. I have been compelled to suffer hardships and hymiliations which have been almost unhoarable, and which have been almost unhoarable, and which have been almost unhoarable and which have been almost unhoarable. The point is not whether you are plugging along in places where you cannot make your ability tell. The point is not that if chance were good enough to throw something worth while your way you could prove your effectiveness. The real point that is not hat I have not given up hope. I feel down and out at 24."

When the boy who lives at home and to find opportunity in what to another man might seem ordinary routine work.

At 24 no man goes "down and out" unless he deliberately loosens his grip

Severe Blood

With Magic Effect, Great Remedy Makes Disease Disappear.



At almost any drug store you may obtain S. S. S., the framous blood purifier, and grout then have the veritable whened that makes all blood troubles vanish. Your atomach takes kindly to S. S. S., it rushes into your blood, is a purifying wave, makes the liver, kidneys, bladder and skin work in harmony; stops accumulations that have caused rheumailain, catarta, swollen glands, sere threat and skin cruptions.

Just as fixed makes blood, so does S. S. S. follow the process of disaston to atimulate natural secretions to protect us against the ravages of discase germs. We are well aware of the fact that these germs are apt to be intent within us to break forth in violent cruptions of the skin whenever the system is in a low state of resistance. And it is to both prevent these cruptions or to get rid of them that Nature gave as such an ally as S. S. S. It is purely vegetable, contains no mercury, and yet it overcomes those serious troubles for which mercury has been employed for ages. In every community are people who know this to be true. They owe to S. S. S. their mercury has been employed for ages. In every community are people who know this to be true. They owe to S. S. S. their recovery. Get a bettle today, Refuse all substitutes. Read the folder around the bottle that tells of the worderful work being done by the medical department in assisting means of S. S. S. For a special book or blood troubles address The Switt Specific Co., 51 Swift Bidg. Atlanta, Ga.

Relieves sourness, gas, Heartburn, Dyspepsia in five minutes

Sour, massy, upnet stomach, indigestion, heartburn, despectain, when the food you ent fermants into gases and stubborn lumps; your head aches and you feel sick and miscrable. Char's when you realize the magic in Pape's Dispepsin, It makes all stomach miscry vanish in five minutes.

If your stomach is in a continuous revolt—iff your can't get it, regulated, please, for your sake, try Pape's Dispepsin. It's so needless to have a had stomach—make your next ment a favorite food meal, then take a little Dispepsin. There will not be any distress—est without fear. It's because Pape's Dispepsin from any drag store. It is millions of sales annually. Get a large fifty—ent case of Pape's Pidapepsin from any drag store. It is the quickest, surset stomach relief and cure known. It acts almost like magic—It is a scientific, harmiess and pleasant stomach preparation which truly belongs in every home—Advertisement

Logical Dyspepsia Treatments

IMPORTANCE OF ELIMINATING ACID-ITY AND FOOD PERMENTATION INFORTANCE OF ELIMINATING ACIDITY AND FOOD PERMENTATION

During the past two or three fears
reports have frequently appeared in the
Press concerning the remarkable value
of bisurated magnesis as an antacid;
and the ability to promote normal
healthy digestion by preventing food
fermentation and neutralizing dangerous stomach acid has often been demoustrated. Until recently druggists
could supply bismrated magnesia in
powder form only, from one to two
teanpoontals of which taken in a little
water after meals, almost instantly
stops all formentation and neutralizes
acid, but sufferers from stemach
trouble will be glad to learn that, after
a long series of experiments, a leading
firm of manufacturing druggists has
now succeeded in producing a gradh
tablet which combines all the valuable
antacid properties of the ordinary blsurated magnesia in a very convenient
form. This new tablet of bisurated
magnesia can now be obtained of druggists everywhere and many physicians
are already prescribing them instead
of the powder form.—Advertisement.

to find opportunity in what is another man might seem ordinary routine work?

At 24 no man goes "down and out" unless he deliberately loosens his grip on the steering wheel of his own life. No failure in youth or middle l'fe-no loss of opportunity-no pegging along at second rate work is in any way funal. Anything may be coming your way today or tomorrow. All you need to do is to be ready when it does come. Now, don't think that a platitude. Almost every man who fails is directly responsible for his own failure.

Whether you succeed or fail in life is largely a matter of how long you can manage to keep your grip—and your head. If you can think sanely and assure yourself that no series of phisfortunes is an iroficial, unbreakable thing that cannot at any moment be switched off into a series of successes, of course, no failure can daunt you. Now since all things in life are temporary, why not regard the day's unhappiness this way. This is for today only; tomorrow I may be on the creat of a ways of success. I will keep a firm grip on the steering wheel of my own life, and in the end I will master my fate because I have not lost my strip and let temporary misfortune mand despair.

LAKEWOOD FARMERS COMPLAIN OF POOR RETURNS FOR CROPS

here are complaining that, although their shipments this year have been larger than ever before, very poor returns have been made to them by a Fruit Growers' association, through which the produce was marketed. Although large quantities of cantaloupes and tomatoes were sent to market at a time when prices were thought to be high, the farmers have not received sufficient returns to pay their hired help.



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Tennessee Beauty at Capital



The state of Tennessee has sent to the capital one of its prettiest representatives in the person of Miss Jeannette Cowan, daughter of Mrs. John K. Shields, wife of the senator from Tennessee. Although Miss Cowan made her debut in society several years ago, it is her first season in Washington, where her charm and winning personality are sure to place her among the most popular members

GRAFT AND GIRLS

By BEATRICE FAIRFAX.

Ingree than every before, were before, very poor returns have been made to them by a which the produce was marketed. Although large quantities of causard which the produce was marketed. Although large quantities of causard to be produce when marketed at a time when prices were thought to be formed to make that the government will be asked to conduct an investigation.

DAILY RECORD

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German Medal of Honor Was

Presented to Grandfather of F. P. Bickenbach.

An El Passan, E. P. Bickenbach has

an fron cross in his possession that was won by his grandfather, Daniel Bickenbach, a soldier in the German army

during the Napoleonic wars. The iron

cross is to Germany what the Victoria eross is to England. The German cross,

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ways given, quickly, certainly, safely by the most famous of family remedies

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colony, in Fredericksburg, Tex. Later be went to Mason county, where, in April, 1881, he died, at the age of \$6

Has Sword Also.

Mr. Bickenbach has also his grandfather's sword, a straight two edged
weapon, and together with the iron
cross, has a written certificate saying
that Daniel Blokenbach was entitled to
wear the cross with the greatest of
honor, He says he would not part with
either for \$1000.

During the prosent war the kaiser
has presented a number of iron crosses
for distinguished bravery in battle;
This German decoration was instituted
in 1813 by Frederick William III. It
is said to be cast from guns captured
in war. Has Sword Atso.

History of Iron Cross.

Its Inception was due to Gnelsenau, who in 1811 proposed to the kins a seneral rising agaftst Napoleon, and that all men who served with distinction in the field should be decorated with a black and white scarf, or a national cockade. The Ring, however, favored an emblem in the shape of two pieces of black and white ribbon sewn in the form of a cross on the breast of the coat. The designs arisinst Napoleon did not mature until 1813, and in that year the order of the iron cross was instituted, as it was thought that a decoration of meial would be more suitable.

Both classes of the iron cross have History of Iron Cross. cross is to England. The German cross, however, was established earlier than the Victoria cross.

The cross in Mr. Bickenhach's possession is No. 41 and was given to his grandfather in 1515. It has inscribed on one side "For faithfulness in the war. God was with us, to him be the glory." Daniel Bickenhach, the winner of the cross, was born in 1294, in Germany, and joined the German arms at the age of 15, serving with it until the end of the year 1816.

He later came to the United States, reaching Texas in the year 1846 and settling with the Fisher and Miller

decoration of metal would be more suitable.

Both classes of the iron cross have a precisely similar black cross of cast iron with silver edicing. On the front there is no inscription. The front face of the cross of, 1813 is hare of any insignia. On the reverse of the cross of 1870-71 is a crown and the date 1870. In the center is a W, the initial of the Christian name of the then king of Prussia. The cross of 1813 bore the initials F. W. In the center of the cross are three oak leaves. The iron cross is borne on the standards and colors of the troops, and, like the Victoria cross, its bestownl is not confined to any one rank.

The English order of the Victoria cross is similar, being east out of the metal of guns captured in the Crimean war and being awarded without regard to the rank of the winner.

COL. KIRKPATRICK, HOTEL MANAGER ON COAST, DIES San Francisco, Cal., Nov. 6.—Col. J.
C. Kirkpatrick, manager of the Sharon
estate, the Falace and Fairmont hotels of this city, and one of the best
known hotel men in the country, died
liere early today of diabetes.

COMB SAGE TEA

Darkens Beautifully and Restores Its Thickness and Lustre at Once.

Common sarden sage browed into a heavy tea, with sulphus and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant; remove every bit of dandruff, stop scalp itching and failing hair. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is so get the ready-to-use fosic, costing about 50 conts a large bottle, at drug stores, known as "Wysth's Sage and Sulphur Compound," thus avoiding a lot of muss.

While wisny, sray, faded hair is not sinful, we all desire to remin our youthful appearance and attractiveness. By darkening your hair with Wysth's Sage and Sulphur, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or softbrush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have dinappeared. After another application or two your hair becomes beautifully dark, glossy, soft and haxuriant and you appear years younger.—Adv.

No Headache, Constipation, Bad Cold or Sour Stomach by Morning.

Get a 10-cent box.
Sick headache, billouaness, coated tengue, bend and nose closued up with a cold—always trace this to torpid liver; delayed fermenting fond in the bowels or sour, cassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gazes, take the excessibile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morring. They work while you sleep—a 10-cent box from your drugglet means your head clear, stomach sweet and your liver and bowels regular for months.—Advertisement.

Dr. James' Headache Powders relieve at once-10 PHONE cents a package.

You take a Dr. James' Headache Powder and in Just a few moments your head clears and all neutalgia and pain fades away. It's the quickest and swrest relief for headache, whether dult, throbeing, splitting or perverseking. Send someone to the drug stere and get a dime package now. Quit suffering—it's so needless. Be sure you get Dr. James' Headache Powders—then there will be no disappointment.—Advertisement.

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